Probing the Neutrino Mass Mechanism with the CMB

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January, 2020

Probing the Neutrino Mass Mechanism with the CMB

Neutrino Oscillations

Homestake Experiment (1960s)



Solar neutrino problem (deficit of neutrinos)

Neutrino Oscillations

Homestake Experiment (1960s)





Solar neutrino problem (deficit of neutrinos)

Reactor



Established conclusive evidence of *neutrino oscillations*

Super K (1998)

Neutrino Masses



Without right-handed neutrinos, no mass in SM...

Neutrino Masses



Dirac Neutrinos

$$\mathcal{L} \supset \lambda_{\nu} \,\overline{\ell} \,H \,\nu_R + h.c.$$

 $\lambda_{\nu} \lesssim 10^{-12}$

Without more, unnatural yukawa...

Neutrino Masses



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Majorana Neutrinos



Explain smallness of neutrino masses

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Majorana mass $m \overline{\nu^c} \nu$ violates lepton number (or equivalently B-L)

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Less amenable to low-scale observables

Majorana mass $m \overline{\nu^c} \nu$ violates lepton number (or equivalently B-L)

1.) Broken Explicitly

2.) Broken Spontaneously

b.) Global symmetry

pseudo goldstone boson ϕ

Chikashige, Mohapatra, Peccei (1981)

a.) Local symmetry

New Z' at scale ~ SSB

Less amenable to low-scale observables

Lets consider explicit example in type-I seesaw

 $\mathcal{L} \supset \lambda_{\nu} \,\ell \,H \,\nu_R + \mathrm{hc}$

Conventional yukawa...

 $\mathcal{L}_N \supset h\left(\rho \,\overline{\nu_R} \,\nu_R^c + \mathrm{hc}\right)$

New SSB term that will violate L

Majorana mass $m \overline{\nu^c} \nu$ violates lepton number (or equivalently B-L)

1.) Broken Explicitly

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a.) Local symmetry

New Z' at scale \sim SSB

Less amenable to low-scale observables

Lets consider explicit example in type-I seesaw

 $\mathcal{L} \supset \lambda_{\nu} \ell H \nu_{R} + hc$ $\begin{pmatrix} 0 & m_D \\ m_D & M \end{pmatrix}$ Conventional yukawa... SSB $\mathcal{L}_N \supset h\left(\rho \,\overline{\nu_R} \,\nu_B^c + \mathrm{hc}\right)$ $M \gg m_D$

Mass eigenstates:

b.) Global symmetry

pseudo goldstone boson ϕ

Chikashige, Mohapatra, Peccei (1981)

 $\sim m_D^2/M$ $\sim M$

New SSB term that will violate L

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Expected SSB of B-L (and mass scale M):

 $\lambda_{\nu} \sim 1 \longrightarrow v_L \sim 10^{14} \,\mathrm{GeV}$

Chikashige, Mohapatra, Peccei (1981)

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 $\lambda_{\nu} \sim \lambda_{e} \longrightarrow v_{L} \sim \mathcal{O}(100 \,\mathrm{GeV})$

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Interaction between neutrinos and majoron generated

$$\mathcal{L}_N \subset h(\rho \,\overline{\nu_R^c} \,\nu_R + \mathrm{hc}) \xrightarrow{\mathrm{SSB} + \mathrm{Mixing}} \mathcal{L}_{\mathrm{int}} = i\lambda \,\phi \,\overline{\nu} \,\gamma^5 \,\nu$$

Interactions extremely feeble:
$$\lambda \sim 10^{-13} \frac{m_{\nu}}{0.05 \,\mathrm{eV}} \frac{246 \,\mathrm{GeV}}{v_L}$$

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Expected SSB of B-L (and mass scale M): $\lambda_{\nu} \sim 1 \longrightarrow v_L \sim 10^{14} \text{ GeV}$ $\lambda_{\nu} \sim \lambda_e \longrightarrow v_L \sim \mathcal{O}(100 \text{ GeV})$

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Loop suppressed interactions with charged fermions unavoidable...



Majoron mass?

Quantum gravity expected to break all global symmetries

See e.g. Kallosh, Linde, Linde, Susskind (1995), Arkani-Hamed, Motl, Nicolis, Vafa (2016), Klawer & Geiß (2015)

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D-5 Planck-scale operators (?):

Rothstein, Babu, Seckel (1993), Akhmedov, Berezhiani, Mohapatra, Senjanovic (1992)

$$V_1(\rho) = \lambda_1 \frac{\rho^5}{M_p} + \lambda_2 \frac{\rho^* \rho^4}{M_p} + \lambda_3 \frac{\rho^{*2} \rho^3}{M_p} + h.c.$$

$$V_2(H,\rho) = \beta_1 \frac{(H^{\dagger}H)^2 \rho}{M_p} + \beta_2 \frac{(H^{\dagger}H)\rho^2 \rho^*}{M_p} + \beta_3 \frac{(H^{\dagger}H)\rho^3}{M_p} + h.c.$$

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$$(H^{\dagger} H)^{2} \rho = (H^{\dagger} H) \rho^{2} \rho^{*} = (H^{\dagger} H) \rho^{3}$$

$$V_2(H,\rho) = \beta_1 \frac{(H^+H)^2 \rho}{M_p} + \beta_2 \frac{(H^+H)\rho^2 \rho^*}{M_p} + \beta_3 \frac{(H^+H)\rho^3}{M_p} + h.c.$$

Assuming

$$v_L \gg v_H$$

 $\lambda_i \sim \beta_i$

$$m_{\phi} \sim \sqrt{\beta} \left(\frac{v_L}{v_H}\right)^{3/2} \,\mathrm{keV}$$

** Braking could be non-perturbative

Majoron Cosmology

(**Not complete list of references)

Strong majoron interactions

Motivation from theory: limited... Phenomenologically interesting



Has been particularly interesting of late for Hubble tension

Neutrino/majoron annihilations



Dolgov et al (1997), Huang et al (2018), ...

Strongly constrained....

See e.g. Blinov, Kelley, Krnjaic, McDermott (2019)

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Majoron Cosmology

Weak majoron interactions

Far more motivated from theory...

Inverse neutrino decay / Majoron decay



Chacko, Hall, Okui, Oliver (2003), Escudero & SJW (2019)

Our focus lies here....

$$m_{\phi} \in [0.1 \,\mathrm{eV}, \,\mathrm{MeV}] \qquad \lambda \sim [10^{-15}, 10^{-6}]$$

Neutrino decay



Archidiacono et al (2013), Escudero et al (2019), ...

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Requires: $m_{\phi} < m_{\nu}$

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Cosmological History of Majoron



Evolution of Thermal Majoron



Evolution of Thermal Majoron



Evolution of Thermal Majoron



Two Potential Effects: Chacko et al (2003)

1.) If majoron decays long before recombination, $\Delta N_{\rm eff} \simeq 0.11$

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2.) If majoron thermalizes near recombination, damping of free-streaming more important

Bashinsky and Seljak (2003)

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Primordial Majorons

Thus far we have assumed no primordial population...

Sterile neutrinos thermalize if $T_{RH} \gtrsim 5 \times m_N$

(**type-I seesaw, produced off yukawa)

$$\frac{\Gamma(N \to \phi \nu)}{\Gamma(N \to \text{SM})} \sim \left(\frac{v_L}{v_H}\right)^2$$

 $m_N > m_W$

Easily generating thermal majoron population

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Sterile neutrinos thermalize if $T_{RH} \gtrsim 5 \times m_N$ (**type-I seesaw, produced off yukawa)

$$\frac{\Gamma(N \to \phi \nu)}{\Gamma(N \to SM)} \sim \left(\frac{v_L}{v_H}\right)^2 \qquad m_N > m_W \qquad \begin{array}{c} \text{Easily generating thermal majoron} \\ \text{population} \end{array}$$

Entropy conservation:

 $\Delta N_{\rm eff} \big|_{\rm BBN} \simeq 0.027 \qquad ({\rm if} \ m_{\phi} \lesssim {\rm MeV})$

Primordial Majorons

Thus far we have assumed no primordial population...



 $\Delta N_{\rm eff}$



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Current Majoron Constraints



 $t_{T_{\gamma}=0.7\,{
m MeV}} \sim 246.6\,s$

Current Majoron Constraints





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Current Majoron Constraints



Majoron Cosmology



Majoron Cosmology



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Temperature Cls

Effect of majoron on Cls (Planck 2108):



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Majoron Cosmology



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Majoron Cosmology




Credit: NASA/ESA/Hubble/WMAP/Planck/SHoES/BAO/Freedman et al.



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Reiss, Nature (2020)



Reiss, Nature (2020)



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SH0ES Collaboration Goal: obtain distance measure to type-Ia SN

Riess et al (2019)

(Spectroscopy) $v_r = H_0 d + v_{\text{pec (Small if far enough away...)}}$

SH0ES Collaboration Goal: obtain distance measure to type-Ia SN

Riess et al (2019)

(Spectroscopy) $v_r = H_0 d + v_{\text{pec (Small if far enough away...)}}$

-Use geometric 'anchor' to calibrate cepheid period-luminosity relation

-Use cepheids to calibrate type-Ia SN brightness (standard candle - ish)

-Use brightness of far type-Ia SN to extract H0



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Distance Ladder



How does the CMB determine H0?

"Hubble Hunters", Knox et al (2019)

Aylor et al (2019)



Infer parameters

How does the CMB determine H0?

"Hubble Hunters", Knox et al (2019) Aylor et al (2019)

 $\alpha \Pi$

1) Calibrate Standard Ruler

Sound horizon at decoupling

$$r_s = \int_0^{a_a} c_s \, \frac{da}{a^2 H(a)}$$

Depends on: $\rho_{\gamma}, \rho_{\nu}, \rho_{m}, \rho_{b}$



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Depends on: $\rho_{\gamma}, \rho_{\nu}, \rho_{m}, \rho_{b}$

 $\rho_{\gamma} \rightarrow T_{cmb}$ $\rho_{b} \rightarrow \text{odd/even peaks}$ $\rho_{M} \rightarrow \theta_{s}^{eq}$

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Galaxy map 5.5 billion years ago

Galaxy map 3.8 billion years ago

CMB 13.7 billion years ago

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 $\sim \alpha$ -

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Inferred

How does the CMB determine H0?

"Hubble Hunters", Knox et al (2019) Aylor et al (2019)

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$$r_s = \int_0^{a_d} c_s \, \frac{da}{a^2 H(a)}$$

Depends on: $\rho_{\gamma}, \rho_{\nu}, \rho_{m}, \rho_{b}$



3) Find cosmological constant to get right distance





Determine from SN $D_A(z_{bao})$





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If tension is real, seems to suggest new physics near recombination...

"We single out the set of solutions that increase the expansion rate in the decade of scale factor expansion just prior to recombination as the least unlikely." "Hubble Hunters", Knox et al (2019)

Aylor et al (2019)

 $\Delta N_{\rm eff}$

Degeneracy of H0 and Neff known for long time...

(Additional non-interacting radiation)



Bernal et al (2016), Morstell and Dhawan (2018)

 ΔN_{eff}

Degeneracy of H0 and Neff known for long time...

(Additional non-interacting radiation)

0.84 75 Riess et al. (2018) 0.83 $H_0 \, [{
m km \, s^{-1} \, Mpc^{-1}}]$ 0.82 70 0.81 $\mathcal{O}_{\mathcal{O}}^{8}$ 0.80 Bernal et al (2016), Morstell and Dhawan (2018) 65 Undoubtedly the simplest 'solution' 0.79 0.78 60 But (1) doesn't improve fit, and (2) does Planck(2018) 0.77 not reduce tension significantly 3.0 2.5 3.5 2.0 4.0

Resolution, at best $\sim 3.5\sigma$

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 $N_{\rm eff}$

Self-interacting neutrinos

Kreisch et al (2019), Park et al (2019), Archidiacono et al (2016), Di Valentino et al (2018), ...

Large Neff cancels with effect of neutrino interactions



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Self-interacting neutrinos

Kreisch et al (2019), Park et al (2019), Archidiacono et al (2016), Di Valentino et al (2018), ...



Blinov, Kelley, Krnjaic, McDermott (2019)

Maybe (????) viable if only coupled to taus....

Solution also requires Neff ~ 4, excluded by BBN...

Solution killed with polarization data?

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Large Neff cancels with effect of neutrino interactions





Early Dark Energy

 $V(\phi) = m^2 f^2 [1 - \cos(\phi/f)]^n$

Poulin et al (2018, 2019), Agrawal et al (2019), Smith et al (2019)...



Early Dark Energy $V(\phi) = m^2 f^2 [1 - \cos(\phi/f)]^n$

Poulin et al (2018, 2019), Agrawal et al (2019), Smith et al (2019)...



Solution only slightly better than Neff, requires higher order instanton corrections, and:

$m \sim 10^{-29} \mathrm{eV}$	$f \sim 0.1 M_p$	Resolution at best at 30	F
(timing coincidence)	(sufficient amplitude)	~ 30	'
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(**Not complete list of references)

Proposed solutions:

- -Systematics in CMB, SH0ES, or both
- -Novel neutrino 2-to-2 interactions $+\Delta N_{\text{eff}}$ Kreisch et al (2019), Park et al (2019), Archidiacono et al (2016), Di Valentino et al (2018)
- -Early dark energy Poulin et al (2018), Agrawal et al (2019), Lin et al (2019)
- -Dark sector interactions Bringmann et al (2018), Pandey et al (2019), Raveri et al (2019), Yang et al (2019)
- -Modified gravity Renk et al (2017), Khosravi et al (2018), Lin et al (2019)
- -Phantom Dark Energy Di Valentino (2016,2017,2019)

Problems:

- -Many proposed solutions exacerbate other tensions (*in particular low z solutions*)
- -Many proposed solutions not phenomenologically viable (e.g. 2-to-2 neutrinos...)
- -Many proposed solutions introduce enormous model complexity (or remarkably fine tuned)

Most models can't reduce tension beyond 2 sigma, many models finely tuned or poorly motivated



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Conclusions

- CMB provides powerful probe of pGBs arising in neutrino mass models

In context of type-I seesaw, Planck currently probing SSB scales \sim TeV

Should reheating temperature be sufficiently high, future CMB experiments may be capable of probing most of parameter space (for this mass range**)

- Does the Hubble tension point to beyond ΛCDM ?

Majoron is well-motivated extension of SM that, when combined with $\Delta N_{\rm eff} \sim 0.5$ can ameliorate H0 tension

Preferred parameter space: $m_{\phi} \sim 0.5 \,\mathrm{eV}$

 $\lambda \sim 10^{-13}$ (Type-I Seesaw: $v_L \sim \text{TeV}$)

Back-Up

Majoron Thermalization



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Polarization Cls



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Matter Power Spectrum



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What do BAOs have to say?

Freeny et al (2019)


BBN



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Hubble Tension



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